

Welcome to the APT*i* Virtual FALL CONFERENCE

NOV 1, NOON-3:30 EST
NOV 2, NOON-5:30 EST

OUR SPEAKERS



Elizabeth Murphy

Live, Laugh, and Love
with Type



Hiu Pun Chong

Why Do People Mistype
Themselves?



Roger Pearman

Internal Tensions of the
Types: A Pathway to Growth



Dr. Kara Nance & Damian C. Russel

The Subtle Differences Between
Enneagram Subtypes and
Jungian Cognitive Functions



Sabrina Sterling

Personalities in Progress: Using
Type with Students 2, 4, 8, 16



Doris Fullgrabe

Tarot as a Coaching Tool - Synchronicity,
Symbolism, and the Archetypal Journey



Joel Mark Witt & Antonia Dodge

Activating Personality Types:
From Narratives to Conversation
to Gameplay



Raymond Hawkins

Type Within and Between: A
Systems-Contextual Integrative
Model of Personality

CONFERENCE BROCHURE



Agenda

ALL TIMES ARE IN EASTERN STANDARD TIME

Friday, November 1 - Creating a Foundation

12 NOON - Elizabeth Murphy with Live, Laugh, and Love with Type

2 PM - Sabrina Sterling with Personalities in Progress: Using Type with Students 2, 4, 8, 16

Saturday, November 2

Deepening Growth

12 NOON - Hiu Pun Chong with Why do people mistype themselves?

2 PM - Joel Mark Witt & Antonia Dodge with Activating Personality Types: From Narratives to Conversation to Gameplay

4 PM - Roger Pearman with Internal Tensions of the Types: A Pathway to Growth

Intersecting Ideas

12 NOON - Doris Fullgrabe with Tarot as a Coaching Tool - Synchronicity, Symbolism, and the Archetypal Journey

2 PM - Raymond Hawkins with Type Within and Between: A Systems-Contextual Integrative Model of Personality

4 PM - Dr. Kara Nance & Damian C. Russel with The Subtle Differences Between Enneagram Subtypes and Jungian Cognitive Functions



Elizabeth Murphy

Live, Laugh, and Love
with Type

Bio

Psychologist. Writer. Trainer.
Researcher. I love working with
families, schools, and individuals
to use type concepts with
children.

Summary

Why wait until adulthood to learn about type and ways to develop our differences? This session introduces a cartoon that describes type and addresses typical issues children might encounter, such as study habits, bullying, competition, or nightmares. We will watch 5 of the 10 cartoons and discuss how to use these with families or with classrooms. Type is fun. Cartoons allow us to learn about this wonderful theory with an element of fun. Adults say it works for them, too.

Key Takeaways

1

Be exposed to a tool to help children learn about type differences

2

Review type applications to school projects, bullying, grief, nightmares, and parent relationships

3

Laugh and enjoy connecting with other parents/adults for ways to enrich the adult/child connection





Sabrina Sterling

Personalities in Progress: Using Type with Students 2, 4, 8, 16

Summary

This presentation allows participants to enhance their understanding of K-12 students' personalities and communication styles. By approaching type theory in a 2, 4, 8, and 16 order, participants gain insights into students' strengths, motivations, and emotional needs. The talk promotes empathy and improves communication between parents and children through interactive activities, discussions, and personal reflections. It also helps adults introduce a common language to help children of all ages communicate their needs.

Key Takeaways

1. Gain insights into children's strengths, motivations, and emotional needs
2. Develop a common language to help children of all ages communicate their needs effectively
3. Equip adults with practical tools and strategies to create a more supportive and nurturing environment for children

Bio

Dr. Sabrina Sterling is a Digital Empowerment Advocate who serves as a K-12 Technology Instructional Specialist & Data Visualization Analyst. Alongside her primary role, she teaches the principles of temperament theory & team building to students of various ages. She has shared her expertise on digital empowerment and differentiated instruction by temperament at ISTE, GaETC, and TEDx. She likens effective team dynamics to the apps in the Office Suite, emphasizing that while each app has a specific role, the collective output greatly surpasses individual efforts. Sabrina is a two-time TEDx Speaker and has served as a Coach & Co-Curator for TEDxEustis, Coach trainer for TEDxYouth@ElliotStreet, and Head Coach for TEDxMiramar.



Hiu Pun Chong

Why Do People Mistype Themselves?

Summary

Why is it not so easy for some people to have a correct perception of themselves? How can we understand ourselves accurately? In this talk I will demystify why and how people mistype themselves. There are many reasons behind it, consciously or unconsciously. In some situations, mistyping can adversely affect the typology community, biasing people into believing they have a type that doesn't fit the real theory. We will also explore the consequences and implications of mistyping and how to handle it.

Key Takeaways

1. Why do people mistype themselves
2. How people mistype themselves
3. The implications of mistyping

Bio

Hiu Pun Chong has been a global business trainer in Asia and Europe for more than 15 years. He is a certified MBTI® practitioner, FIRO-B® practitioner, Hogan Assessment® practitioner, DISC® practitioner, and TypeCoach® practitioner. He is also a public speaker and speaks at international conferences on organizational development, team development, career development and self-development. He gives lectures and workshops on personality types and organizational behavior for universities in Germany and Poland. All of his workshops are enthusiastically received by the participants. "After his workshop, I truly see people and the world differently and communicate better with my colleagues" – this is the most frequent comment he receives. His vision is that everyone can realize their full potential through understanding their own personality types and promote a positive mindset, growth, authenticity, and harmony in the workplace.



Joel Mark Witt & Antonia Dodge

Activating Personality Types: From Narratives to Conversation to Gameplay

Bio

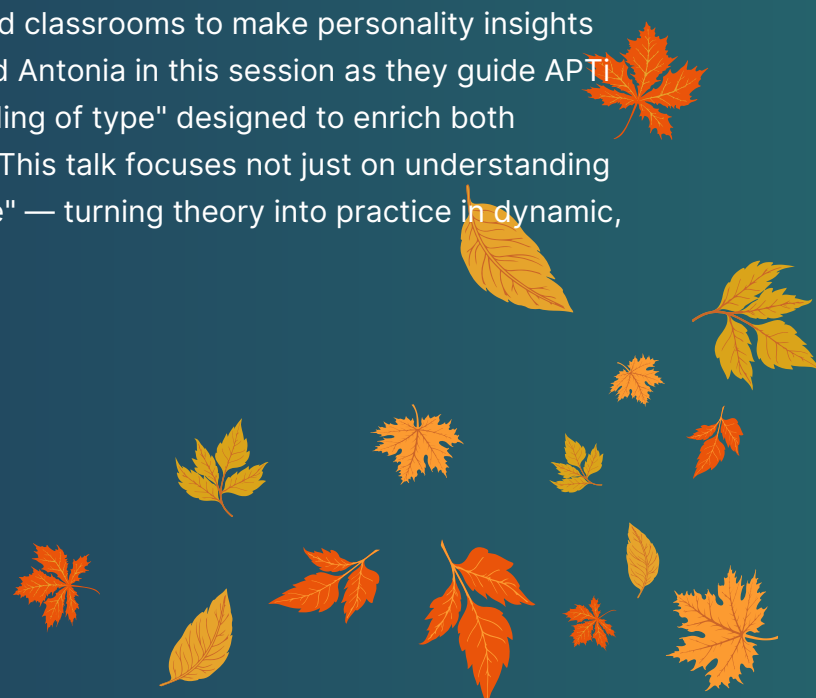
Joel Mark Witt & Antonia Dodge are podcasters, entrepreneurs, & coaches who have consulted with Zappos, Abbott, Oracle, American Express, and CNN. Their Personality Profiler Training Course has taught hundreds of students a method of conversation to arrive at a best-fit type for clients.

Summary

After understanding the theoretical power of personality types to help understand the self and others, many seek a deeper, more vibrant application of these insights in everyday life. How can we transcend traditional seminars and classrooms to make personality insights actionable in real-world settings? Join Joel and Antonia in this session as they guide APTi attendees through an "experiential understanding of type" designed to enrich both professional client work and personal growth. This talk focuses not just on understanding personality types but on the "operation of type" — turning theory into practice in dynamic, accessible ways.

Key Takeaways

1. Practical application techniques
2. Experiential understanding of type
3. Tools for professional and personal growth





Roger Pearman

Internal Tensions of the Types: A Pathway to Growth

Summary

We need to recognize type as an archetypal frame designed to help us manage perceptions and judgments. Each of the archetypal patterns may have a different pallet of colors due to individual learning journeys, but within the architecture are sources of tension, such as the roles of the dominant and auxiliary functions, various elemental patterns within the type, and the urge of individuation which pushes us outside our comfort zones.

Key Takeaways

1. Descriptions of the inherent tensions of the sixteen types and eight functions
2. Action tips for using psychic tension for growth and well-being
3. Incisive questions to promote growth relevant to the types

Bio

Roger R. Pearman, CEO of TalentTelligent, EOT, has been in learning and development positions his entire professional career. From the earliest days of professional life in 1978 to now, psychological type has been a constant companion in aiding and supporting others. First as the Director of a University Learning Center, a corporate COO in Financial Services, and now as an entrepreneur building an enterprise for talent management, Roger uses type to enrich the lives of others. Researching with psychological type has produced publications such as The Pearman Personality Integrator, Introduction to type and emotional intelligence, I'm Not Crazy, I'm Just Not You, HardWired Leadership, YOU: Being More Effective in your MBTI® Type, and numerous other publications. Supporting APTI as President in the 1990s and now as Finance Director, Roger has sought to help nurture the Association as it moves into a new age and for new generations of users of psychological type.



Doris Fullgrabe

Tarot as a Coaching Tool – Synchronicity, Symbolism, and the Archetypal Journey

Bio

Doris holds several accreditations in Personality Type, as well as a Masters in Applied Psychology. In 2008, she founded her coaching practice, Building the Life You Want, to help expats feel at home abroad, faster. Over time, this evolved into a more holistic passion for human understanding. She currently focuses on working with individuals and couples who want to consciously create healthier, happier relationships. Visit www.dorisfullgrabe.com to learn more.

Summary

Tarot cards are a tool for self-exploration. They offer an intuitive method to read current conditions and potential paths forward. Although they have their own internal philosophy and framework, they closely align with many Jungian concepts. In this session, we'll learn about Tarot as a system of symbols and archetypes, focusing on the 22 cards of the Major Arcana and how to use them as a coaching tool.

Key Takeaways

1. Tarot's underlying system & the Pauli-Jung conjecture
2. Symbolism & the Archetypal journey in the Major Arcana
3. Practicing Tarot interpretations





Raymond Hawkins

Type Within and Between: A Systems-Contextual Integrative Model of Personality

Summary

The SCIM is a complex adaptive system (like weather) in which psychological type within individuals is formed and developed in the multi-layered ecological context of perturbations arising between individuals, families, cultures, and world views, each of which can be typed analogously to the MBTI. Example applications of this model for systemic therapy, values clarification, group dynamics, and conflict resolution will be provided.

Key Takeaways

1. Psychological type is shaped by within-person and between-person factors
2. The Systems-Contextual Integrative Model (SCIM) provides a holistic framework for describing and measuring these factors
3. The SCIM has applications for counseling, group dynamics, values clarification, and conflict resolution

Bio

Dr. Ray Hawkins earned his Ph.D. in Clinical Psychology from the University of Pennsylvania in 1975. He co-founded the Austin Stress Clinic in 1979, the first private clinic in Austin specializing in biofeedback and clinical health psychology. Dr. Hawkins served as a staff psychologist at the Austin Regional Clinic, where he supervised UT Austin clinical psychology students and conducted research on behavioral health issues. He has held academic roles at Fielding Graduate University and UT Austin, where he continues to teach and supervise research. Dr. Hawkins has published extensively on topics such as addictive behaviors and Jungian psychology. He has also served on various boards, including the Jung Society of Austin and the Institute for Neurosciences and Consciousness Studies. His current research focuses on individual differences in behavior and personality.



Dr. Kara Nance & Damian C. Russel

The Subtle Differences Between Enneagram Subtypes and Jungian Cognitive Functions

Summary

Typology communities around the world are operating from different levels of consciousness and perception which each provide an important piece to our universal understanding of the human experience. As would be expected, some streams of thought appear to stabilize our communities and others introduce destabilizing elements. We believe that we and each of the teachers we have learned from are also humans with our own unique insights and blind spots within this complex symphony of type and psychospiritual development. Join Kara and Damian in an explanation of how the Enneagram Subtypes fit into the Meyers Briggs typology system as a way to understand the discrepancies in the field as all feeding into a common quest to integrate our individual and collective humanity. We celebrate the great teachers that have come before us that shine a light on where we've been, where we are, and what we can aspire to evolve towards if we learn how to embrace our shadows and transform our vulnerabilities into strengths that can better serve the individual and collective quest for unity, safety, and transcendence.

Key Takeaways

1. Spiral Dynamics, the Instinctual Drives, the Enneagram, the Myers Briggs typology systems, and neurobiology all contribute important elements towards understanding an individual's unique expression of their type
2. While there is some overlap in what these different systems are describing, they each are pointing to a unique and nuanced element of the greater whole
3. While a detailed understanding of typology can be useful for describing an individual at a given moment in time, typology is simply the mind's attempt to slow down and study the dynamic expansion of any given individual. Typology can be enjoyed for the complex and stimulating study that it is, while also held lightly as a system that continues to evolve and change in every moment that we are looking at it. The universe invites us to hold the "truth" of any individual teaching alongside the mystery that accompanies it

Bio

Dr. Kara Nance brings a multitude of frameworks and a wealth of expertise to her work with typology. She is a physician with over 25 years of clinical experience, board-certified in Internal Medicine, Obesity Medicine, and Psychedelic Medicine. Dr. Nance is also a Certified Instructor in the Enneagram, Mindfulness Based Stress Reduction, Non-violent Communication, Resonant Healing, and has been extensively trained by Personality Hacker in Myers Briggs Typology and Dario Nardi in using neuroimaging for subtype identification. Dr. Nance has pioneered a progressive pathway to wellness by integrating a diverse array of disciplines to guide psycho-spiritual healing and transcendence. She specializes in Upstreaming and uses her expertise to uncover and treat unhealthy relational and psychosocial dynamics that lead to suffering for individuals and organizations. Dr. Nance is an astute diagnostician of the head, heart, and soul, and is dedicated to empowering individuals to change their habits and overcome one-sidedness for optimal health.

Bio

Damian is a long-time Enneagram enthusiast who has been studying the system for over twenty years. Damian is deeply committed to delineating in a clear and precise way the evolution of our understanding of the instinctual drives and the Enneagram. He strives to bring clarity and support to a community that sometimes finds itself at odds with each other around key concepts. While most of his work product focuses on understanding the Enneagram Subtypes, Damian also pulls on his study of Myers Briggs Typology and other systems in his work. Damian earned his BA in philosophy, along with minors in psychology and history, from the University of Oklahoma.



Thank you!

For Joining Us



For more information on and to join APTi, [click here!](#)

See you in March!

At our next Virtual Conference